







COMPASS HEALTH CENTRE
438 HUGHSON STREET NORTH
CLIENTS CAN SELF-REFER
SIB PRYCE 905 523 6611 EXT 2014

Mental Wellness Toolkit Series

MIND OVER BODY

Do you have a client struggling with chronic pain?

Would your client benefit from a Chronic Pain Self-Management Program?

FREE 12 WEEK PROGRAM

BREAKFAST

FREE BUS TICKETS